



**POTLUCK**

More time for  
meals that matter

A Community  
Building  
Experiment

## MAKE ONE MEAL. FEED TWO FAMILIES. BUILD COMMUNITY.

Potluck is an experiment in meal swapping and sharing the mental load of “what’s for dinner?”. You’ll cook once, share with a neighbor, and get a meal back – saving time while building real community. We handle the matches and provide tools along the way to make it easy.

**READY TO JOIN?**

Sign up by  
**September 30th!**

**Here’s what to expect if you join the Potluck!**

-  **WHEN:** 6 weeks starting October 19
-  **WHAT:** Weekly 1:1 meal swaps
-  **WHERE:** Eastchester/Tuckahoe area



### WHAT IS A MEAL SWAP?

Cook one batch meal per week and trade with your Potluck match. Use this as an opportunity to try out a new recipe or share one of your favorite dishes with another family.

### WHAT IS BATCH COOKING?

It is simply making a larger portion of a meal you’re already planning – so you can easily share with your match (and still have enough for yourself). Think soups, stews, baked pasta, or anything that reheats well!

### WHY DOES THIS MATTER?

This experiment isn’t just about food (though food is always nice!). It’s about rebuilding trust, connection, and care within our communities and neighborhoods.

### SHARE YOUR EXPERIENCE

At the end, you’ll complete a short survey + virtual debrief with Potluck’s founder. Your feedback helps shape how we iterate and improve on what we’re building.

*"The meals made by my Potluck match were delicious and different from what I normally make. Plus, I enjoyed the challenge of making a healthy meal for someone else, **which also helped me** prepare a healthy meal for my family. It was a win-win."*

- January 2025 Pilot Participant